



Nutrition Facts		White Chocolate	Vanilla Smoothie	Strawberry	Vanilla Bean	Double Fudge
Serving Size		(40g) 1 scoop (4 tbsp.)	(40g) 1 scoop (4 tbsp.)	(40g) 1 scoop (4 tbsp.)	(40g) 1 scoop (4 tbsp.)	(40g) 1 scoop (4 tbsp.)
Servings Per Container		38	38	38	38	38
Amount Per Serving						
Calories		180	190	190	190	170
Calories from Fat		60	60	70	70	45
		% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat		6g 9%	7g 11%	8g 12%	8g 12%	4.5g 7%
Saturated Fat		6g 30%	7g 33%	7g 35%	7g 35%	4g 20%
Trans Fat		0g 0%	0g 0%	0g 0%	0g 0%	0g 0%
Cholesterol		0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%
Sodium		110mg 5%	45mg 2%	20mg 1%	55mg 2%	105mg 4%
Total Carbohydrate		32g 11%	31g 10%	30g 10%	29g 10%	33g 11%
Dietary Fiber		0g 0%	0g 0%	0g 0%	0g 0%	1g 4%
Sugars		23g	24g	22g	21g	28g
Protein		1g	1g	1g	1g	1g
		Vitamin A 0%	Vitamin A 0%	Vitamin A 0%	Vitamin A 0%	Vitamin A 0%
		Vitamin C 0%	Vitamin C 0%	Vitamin C 10%	Vitamin C 0%	Vitamin C 0%
		Calcium 0%	Calcium 0%	Calcium 0%	Calcium 0%	Calcium 0%
		Iron 0%	Iron 0%	Iron 0%	Iron 0%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:						
	Calories	2,000	2,500			
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2,400mg	2,400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Ingredients

White Chocolate: Sugar, Non-Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Maltodextrin, Natural and Artificial flavor, Salt, Guar Gum, Xanthan Gum, Cocoa (Processed with Alkali), Silicon Dioxide.

Vanilla Smoothie: Sugar, Non-Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Non Fat Dry Milk, Maltodextrin, Salt, Natural and Artificial flavor, Silicon Dioxide.

Strawberry: Sugar, Non-Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Maltodextrin, Real Freeze Dried Strawberries, Guar Gum, Xanthan Gum, Natural and Artificial flavor, Silicon Dioxide, FD&C Red 40 Lake.

Vanilla Bean: Sugar, Non-Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Non Fat Dry Milk, Maltodextrin, Vanilla Beans, Guar Gum, Xanthan Gum, Salt, Natural and Artificial flavor, Silicon Dioxide.

Double Fudge: Sugar, Non-Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Non Fat Dry Milk, Cocoa (Processed with Alkali), Salt, Guar Gum, Xanthan Gum, Silicon Dioxide.

Note: Nutritional information subject to change without notice. Cool Capp® products are made in a facility and on equipment that makes products containing Milk, Soy, Wheat, Egg, Peanut, Tree Nuts, and Fish.

Nutrition Facts		Lemon Cake	Strawberry Banana	Coconut	Pumpkin Spice
Serving Size		(40g) 1 scoop (4 tbsp.)	(40g) 1 scoop (4 tbsp.)	(40g) 1 scoop (4 tbsp.)	(40g) 1 scoop (4 tbsp.)
Servings Per Container		38	38	38	38
Amount Per Serving					
Calories		190	190	200	180
Calories from Fat		70	70	80	50
		% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat		8g 12%	8g 12%	9g 14%	6g 9%
Saturated Fat		7g 35%	7g 35%	8g 40%	5g 25%
Trans Fat		0g 0%	0g 0%	0g 0%	0g 0%
Cholesterol		0mg 0%	0mg 0%	0mg 0%	0mg 0%
Sodium		75mg 3%	60mg 3%	140mg 6%	130mg 5%
Total Carbohydrate		30g 10%	29g 10%	28g 9%	32g 11%
Dietary Fiber		0g 0%	0g 0%	0g 0%	0g 0%
Sugars		23g	21g	21g	27g
Protein		1g	1g	1g	1g
		Vitamin A 0%	Vitamin A 0%	Vitamin A 0%	Vitamin A 0%
		Vitamin C 0%	Vitamin C 0%	Vitamin C 0%	Vitamin C 0%
		Calcium 0%	Calcium 2%	Calcium 2%	Calcium 0%
		Iron 0%	Iron 0%	Iron 0%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:					
	Calories	2,000	2,500		
Total Fat	Less than	65g	80g		
Sat Fat	Less than	20g	25g		
Cholesterol	Less than	300mg	300mg		
Sodium	Less than	2,400mg	2,400mg		
Total Carbohydrate		300g	375g		
Dietary Fiber		25g	30g		

Ingredients

Lemon Cake: Sugar, Non Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Graham Cracker Meal (Enriched Wheat Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid, Sugar, Graham Flour, Soy Bean Oil, Honey, Baking Soda, Salt, Artificial Flavor, Soy Lecithin), Natural & Artificial Flavor, FD&C Yellow 5 Lake, Xanthan Gum, Guar Gum, Sea Salt, Silicon Dioxide.

Strawberry Banana: Sugar, Non Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Non Fat Dry Milk, Natural & Artificial flavor, Xanthan Gum, Guar Gum, Silicon Dioxide, Sea Salt, FD&C Red #40 Lake

Coconut: Sugar, Non Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Non Fat Dry Milk, Salt, Guar Gum, Xanthan Gum, Natural & Artificial Flavor.

Pumpkin Spice: Sugar, Non Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin), Non Fat Dry Milk, Natural & Artificial Flavor.

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